

Area: Physical Education & Athletics
 Dean: Jean Snuggs
 Phone: (916) 484-8201
 Counseling: (916) 484-8572

Degree: A.A. - Recreation Management

Recreation Management Degree

This degree provides training for an entry-level career in the field of recreation and leisure services. It explores the many career fields in recreation including public service, private recreation, outdoor recreation and leadership positions.

Student Learning Outcomes

Upon completion of this program, the student will be able to:

- analyze community needs for parks and recreation programs.
- create recreation programs and supervise staff.
- demonstrate leadership skills in recreation programs.
- administer a wide variety of parks and community services.

Career Opportunities

Careers in recreation include jobs in park facilities and services in federal, state, municipal and voluntary nonprofit agencies. Commercial and private recreation also provide opportunities for employment. Travel and tourism, club management, resort recreation, food and beverage services, lodging, professional sports, entertainment and cultural services are very much a part of the exploding recreation and leisure services market.

Requirements for Degree	25-29 Units
ECE 312 Child Development (3)	3
or PSYC 372 Child Development (3)	3
GERON 302 Psychology of Aging: Adult Development and Aging (3)	3
or PSYC 374 Psychology of Aging: Adult Development and Aging (3)	3
HEED 316 First Aid: Responding to Emergencies	2
PET 312 Theory and Techniques of Adapted Physical Education	3
PET 313 Laboratory in Adapted Physical Education	1 - 2
RECR 300 Introduction to Recreation and Leisure Services	3
RECR 310 Outdoor Recreation	3
RECR 320 Recreation Activity Leadership	3
RECR 498 Work Experience in Recreation	1 - 4
SPEECH 301 Public Speaking (3)	3
or SPEECH 331 Group Discussion (3)	3

Associate Degree Requirements: The Recreation Management Associate in Arts (A.A.) Degree may be obtained by completion of the required program, plus general education requirements, plus sufficient electives to meet a 60-unit total. See ARC graduation requirements.

RECR 300 Introduction to Recreation and Leisure Services 3 Units

Advisory: ENGWR 102, ENGRD 116 or ESLR 320, ESLW 320.
Course Transferable to CSU
Hours: 54 hours LEC

Overview of recreation, park and leisure services. A basic course describing and interpreting recreation as a form of community services. The nature, scope and significance of leisure and recreation as a social force in contemporary society. Emphasis placed on the role of the professional leader in organizing recreation programs and services, operations, facilities and resources. Field trips required. (CAN REC 2)

RECR 310 Outdoor Recreation 3 Units

Advisory: ENGWR 102, ENGRD 116 or ESLR 320, ESLW 320.
Course Transferable to CSU
Hours: 54 hours LEC

Orientation to job opportunities; trends, problems and issues in public and private outdoor recreation agencies. Philosophies and operating purposes of federal, state and local governmental outdoor recreation facilities. Field trips to outdoor recreation areas required.

RECR 320 Recreation Activity Leadership 3 Units

Advisory: ENGWR 102 or ENGWR 103, ENGRD 116 or ESLR 320, ESLW 320; or placement through assessment process.
Course Transferable to CSU
Hours: 36 hours LEC; 54 hours LAB

This is a basic course for recreation majors, involving a study of essential elements and basic principles of organization and leadership of various types of recreation programs. It covers the methods and materials used in planning and conducting organized recreation programs in public and private agencies. Special emphasis will be placed on the role of the face-to-face leader in organizing recreational programs in a variety of settings. Required of all recreation majors. (CAN REC 4)

RECR 498 Work Experience in Recreation 1-4 Units

Advisory: ENGWR 102 or 103, and ENGRD 116 with a grade of "C" or better; OR ESLR 320 and ESLW 320 with a grade of "C" or better; OR placement through assessment process.

General Education: AA/AS Area III(b)

Enrollment Limitation: Be in a paid or non-paid internship, volunteer opportunity, or job related to recreation. Students are advised to consult with the Physical Education Department faculty to review specific certificate and degree work experience requirements.

Course Transferable to CSU

Hours: 60-300 hours LAB

This course provides students with opportunities to develop marketable skills in preparation for employment or advancement within the field of recreation. It is designed for students interested in work experience and/or internships in transfer level degree occupational programs. Course content includes understanding the application of education to the workforce; completion of required forms which document the student's progress and hours spent at the work site; and developing workplace skills and competencies. Appropriate level learning objectives are established by the student and the employer. During the semester, the student is required to fulfill a weekly orientation and 75 hours of related paid work experience, or 60 hours of unpaid work experience for one unit. An additional 75 or 60 hours of related work experience is required for each additional unit. The weekly orientation is required for first time participants; returning participants are not required to attend the weekly orientation but are required to meet with the instructor as needed to complete all program forms and assignments. Work Experience may be taken for a total of 16 units when there are new or expanded learning objectives.