

Area: Physical Education & Athletics  
 Dean: Jean Snuggs  
 Phone: (916) 484-8201  
 Counseling: (916) 484-8572

Degree: A.A. - Recreation Management

## Recreation Management Degree

This degree provides training for an entry-level career in the field of recreation and leisure services. It explores the many career fields in recreation including public service, private recreation, outdoor recreation and leadership positions.

### Career Opportunities

Careers in recreation include jobs in park facilities and services in federal, state, municipal and voluntary nonprofit agencies. Commercial and private recreation also provide opportunities for employment. Travel and tourism, club management, resort recreation, food and beverage services, lodging, professional sports, entertainment and cultural services are very much a part of the exploding recreation and leisure services market.

### Requirements for Degree 25-29 Units

ECE 312	Child Development (3)	..... 3
or PSYC 372	Child Development (3)	
GERON 302	Psychology of Aging: Adult Development and Aging (3)	.... 3
or PSYC 374	Psychology of Aging: Adult Development and Aging (3)	
HEED 316	First Aid: Responding to Emergencies	..... 2
PET 312	Theory and Techniques of Adapted Physical Education	..... 3
PET 313	Laboratory in Adapted Physical Education	..... 1 - 2
RECR 300	Introduction to Recreation and Leisure Services	..... 3
RECR 310	Outdoor Recreation	..... 3
RECR 320	Recreation Activity Leadership	..... 3
RECR 498	Work Experience in Recreation	..... 1 - 4
SPEECH 301	Public Speaking (3)	..... 3
or SPEECH 331	Group Discussion (3)	

**Associate Degree Requirements:** The Recreation Management Associate in Arts (A.A.) Degree may be obtained by completion of the required program, plus general education requirements, plus sufficient electives to meet a 60-unit total. See ARC graduation requirements.

### RECR 300 Introduction to Recreation and Leisure Services 3 Units

*Advisory: ENGWR 102, ENGRD 116 or ESLR 320, ESLW 320.*

*Course Transferable to CSU*

*Hours: 54 hours LEC*

Overview of recreation, park and leisure services. A basic course describing and interpreting recreation as a form of community services. The nature, scope and significance of leisure and recreation as a social force in contemporary society. Emphasis placed on the role of the professional leader in organizing recreation programs and services, operations, facilities and resources. Field trips required. (CAN REC 2)

### RECR 310 Outdoor Recreation 3 Units

*Advisory: ENGWR 102, ENGRD 116 or ESLR 320, ESLW 320.*

*Course Transferable to CSU*

*Hours: 54 hours LEC*

Orientation to job opportunities; trends, problems and issues in public and private outdoor recreation agencies. Philosophies and operating purposes of federal, state and local governmental outdoor recreation facilities. Field trips to outdoor recreation areas required.

### RECR 320 Recreation Activity Leadership 3 Units

*Advisory: ENGWR 102 or ENGWR 103, ENGRD 116 or ESLR 320, ESLW 320; or placement through assessment process..*

*Course Transferable to CSU*

*Hours: 36 hours LEC; 54 hours LAB*

This is a basic course for recreation majors, involving a study of essential elements and basic principles of organization and leadership of various types of recreation programs. It covers the methods and materials used in planning and conducting organized recreation programs in public and private agencies. Special emphasis will be placed on the role of the face-to-face leader in organizing recreational programs in a variety of settings. Required of all recreation majors. (CAN REC 4)

### RECR 498 Work Experience in Recreation 1-4 Units

*Advisory: ENGWR 102, ENGRD 116 or ESLR 320, ESLW 320.*

*General Education: AA/AS Area III(b)*

*Course Transferable to CSU*

*Hours: 72 hours LEC*

This course gives practical experience to students who are training for recreation leadership, by providing actual supervised work at various playgrounds and recreation facilities within the Sacramento area (teen centers, swimming pools, gymnasiums, school areas, etc.)