



# SACRAMENTO REGIONAL PUBLIC SAFETY TRAINING CENTER

AMERICAN RIVER COLLEGE – LOS RIOS COMMUNITY COLLEGE DISTRICT

5146 Arnold Ave., McClellan, CA 95652

916-570-5000 (phone) 916-570-5023 (fax)

[srcjtc@arc.losrios.edu](mailto:srcjtc@arc.losrios.edu) (e-mail) <http://www.arc.losrios.edu/~safety> (web site)



## WEAPONLESS DEFENSE INSTRUCTOR (UPDATE)

**COURSE DESCRIPTION:** Weaponless Defense Instructor Update is a 24-hour course designed for P.O.S.T. or S.T.C. certified Weaponless Defense Instructors. Instructors are updated in the use of force techniques, policies, legal issues, liability, and learn new techniques in defense against violent and armed assailants.

Because this course is designed to provide practical hands on training in police tactics and weapon usage, participants in this course will engage in physically demanding classroom training exercises that include a risk of injury to the participants.

**PREREQUISITES:** Must have successfully completed an Approved 80-hour Weaponless Defense Instructor Course AND show proof of completion the first day of the class. Those students who cannot show proof will not be allowed to participate.

**MATERIALS NEEDED:** Gym clothes, notebook, pen, and non-marking gym shoes

**SCHEDULE:**  
Monday, February 27 – Wednesday, February 29, 2012 .....Spring 2012  
Monday, August 27 – Wednesday, August 29, 2012.....Fall 2012  
Monday, December 03 – Wednesday, December 05, 2012.....Fall 2012

**HOURS:** 8:00 a.m. – 5:00 p.m.

**LOCATION:** [No CA Regional Public Safety Training College](#)  
2409 Dean Street, Building 686  
McClellan, CA 95652

**CLASSROOM LOCATION:** Room 149

**CREDIT:** Half a unit (.5) through [American River College](#)

**FEES: \$27.00\***

\$18.00 Enrollment fee  
\$9.00 Material fee

\* Students who have not established legal residence in CA are required to pay additional tuition and fees. Payment for non-resident tuition must be paid at the time of registration.

*All fees subject to change*

**RESERVATIONS:** Call 916-570-5000, fax 916-570-5023, or e-mail [srcjtc@arc.losrios.edu](mailto:srcjtc@arc.losrios.edu)

**ENROLLMENT:** All students are required to register prior to the first day of class to ensure they are current in our system. To register, please submit an on-line application to American River College (ARC) each semester. Please go to our website: [www.arc.losrios.edu/safety](http://www.arc.losrios.edu/safety). Click on "Registration", fill out all required fields and submit the application. ARC e-Services will send out two e-mails, one will be a confirmation of the application and the second will contain your permanent student identification number. Please contact us with your Student Id Number prior to the first day of class; this can be done by phone, fax or email.

**CERTIFICATION:** P.O.S.T. Plan II #2970-21665 and S.T.C. #0218-051363