



**SACRAMENTO REGIONAL PUBLIC SAFETY TRAINING CENTER**  
**AMERICAN RIVER COLLEGE – LOS RIOS COMMUNITY COLLEGE DISTRICT**  
 5146 Arnold Ave., McClellan, CA 95652  
 916-570-5000 (phone) 916-570-5023 (fax)  
[srcjtc@arc.losrios.edu](mailto:srcjtc@arc.losrios.edu) (e-mail) <http://www.arc.losrios.edu/~safety> (web site)



## **ADVANCED WEAPONLESS DEFENSE INSTRUCTOR (GROUND FIGHTING)**

**COURSE DESCRIPTION:** Advanced Weaponless Defense Instructor (Ground Fighting) is a 40-hour course designed for the experienced officer who conducts training for law enforcement or related agencies. Course topics include: current use of force techniques, policies, legal issues, and liability. The program will cover ground fighting; escape techniques, defense against violent assaults, and defense against armed assailants (clubs, knives, firearms).

Because this course is designed to provide practical hands on training in police tactics and weapon usage, participants in this course will engage in physically demanding classroom training exercises that include a risk of injury to the participants.

**PREREQUISITES:** Must have successfully completed an Approved 80-hour Weaponless Defense Instructor Course AND show proof of completion the first day of the class. Those students who cannot show proof will not be allowed to participate.

**MATERIALS NEEDED:** Gym clothes, notebook, pen, and non-marking gym shoes

**SCHEDULE:** Monday, April 2 – Friday, April 6, 2012.....Spring 2012  
 Monday, October 1 – Friday, October 5, 2012.....Fall 2012

**HOURS:** 8:00 a.m. - 5:00 p.m.

**LOCATION:** [No CA Regional Public Safety Training College](#)  
 2409 Dean Street, Building 686  
 McClellan, CA 95652

**CLASSROOM LOCATION:** Room 149

**CREDIT:** One (1) unit through [American River College](#)

**RESERVATIONS:** Call 916-570-5000, fax 916-570-5023, or e-mail [srcjtc@arc.losrios.edu](mailto:srcjtc@arc.losrios.edu)

**ENROLLMENT:** All students are required to register prior to the first day of class to ensure they are current in our system. To register, please submit an on-line application to American River College (ARC) each semester. Please go to our website: [www.arc.losrios.edu/safety](http://www.arc.losrios.edu/safety). Click on "Registration", fill out all required fields and submit the application. ARC e-Services will send out two e-mails, one will be a confirmation of the application and the second will contain your permanent student identification number. Please contact us with your Student Id Number prior to the first day of class; this can be done by phone, fax or email.

**CERTIFICATION:** P.O.S.T. Plan II #2970-21695 and S.T.C. #0218-008706

**FEES: \$90.00\***

\$36.00 Enrollment fee  
 \$54.00 Material fee

\* Students who have not established legal residence in CA are required to pay additional tuition and fees. Payment for non-resident tuition must be paid at the time of registration.

*All fees subject to change.*